

Conclusion

Set educational goals:

Unless what constitutes success or achievement in a university is clearly identified in terms of goals, you can not tell whether you are making progress.

ACADEMIC SUCCESS

For further information, contact:

Careers and Counseling Centre

Private Bag 0022

Gaborone

**Location: 244 H . Porter Camps facing
BIAC on the Southern Gate.**

Telephone: 3552290/91

Email: careers@mopipi.ub.bw

On-Line counseling available at;

<http://www.ub.bw/cc> online

Consultation Hours:

8.30 - 1300 and 1400 to 1600

**Clients may be assisted after hours on
request.**

**VISIT THE CENTRE TODAY WHERE
WE CARE ABOUT YOU**

ACADEMIC SUCCESS

Academic success is the achievement of set educational goals. The ability to set and achieve goals at university is important because it provides direction and makes progress achievable.

- **Setting academic goals helps to:**

Specify clearly what is to be achieved

Define plan of action

Monitor one's academic progress report

Determine time to review and reset new and relevant goals

Factors that contribute to academic success:

- **Ask for help**

Link up with your lecturers and tutors.

Establish whether your courses have guidelines

Investigate alternate sources of information such as the Careers and Counselling Centre.

Search for website for relevant titles

Participate in group discussion

- **Do not miss class**

Attend all classes and be punctual.

Be actively involved in class interactions

- **Get organized**

Being organized is integral to your academic success

Always remember and note important dates and deadlines for examination, tests, assignments and projects.

Organisational day planners and diaries will keep you on track.

- **Find a conducive place for studying**

Avoid any form of distractions when concentrating on your academic work.

Libraries are a good venue for they are quiet and free from distractions.

- **Plan ahead of time**

Academic success is not built on an all-night cram session

Consistently apply yourself to your studies in order to attain academic success

Manage and maximize time in between lectures

- **Take care of yourself**

Avoid the temptation to overdo things to attain academic success

Your body (including your brain) needs relaxation and nutritious food

Have time for leisure.

- **Key information is Key**

Retaining and understanding key information is vital to your academic success

Use mind maps/pictures/examples that you can relate to, in order to understand and grasp information. The more creative you are with this exercise, the more successful you are likely to be when it comes to applying the information.